



# Brain Gym® 101

## Brain Gym® 101 (BG101)

**Date** February 8 - 10, 2013  
**Time** 9:00am - 6:00pm  
**Location** Insight Learning & Wellness Center  
 Suite 112, 25901 Emery Rd.  
 Warrensville Heights, OH 44128  
 (216) 765-4470

### Experience 26 Brain Gym® Movements, Noticing, Body Awareness, & Balances

- The five-step balance process
- Experience Brain Gym® balances for improving seeing, listening, writing, comprehension, communication, organization and focus
- Experience Dennison Laterality Repatterning for integration of left & right sides and the Three Dimensional Repatterning for whole-body integration
- Learn Methods and techniques that can be used immediately with individuals, groups or for self
- Experience balances for personal goals

## Registration

**Class & Location:** BG101-Warrensville Heights, OH **Class Date:** Feb. 8 - 10, 2013

**Class Sponsor:** Insight Learning & Wellness Center - (216) 765-4470

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please Initial: \_\_\_\_\_

\_\_\_\_\_ I understand my \$100 deposit is nonrefundable unless class is canceled by Carolyn Nyland.

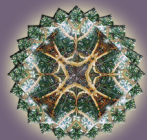
Payment Enclosed: *(please check)*

- \$100 Deposit\*     Full Fee     Repeat Fee

\* Outstanding fees are due on 1<sup>st</sup> day of class. No refunds after 1<sup>st</sup> day of class.

Please Note:

- CEUs available for Ohio OTs and PTs. There is a \$25 charge for CEUs for PTs.



Kaleidoscope Learning Center, LLC  
3729 Braidwood Dr.  
Hilliard, OH 43026

614.563.3949

carolyn@gobraingym.com  
KaleidoscopeMoves.com

### Class Prices

#### BG101

\$395 if \$100 deposit is postmarked by 1/18/13;  
\$450 if postmarked after 1/18/13.

Brain Gym® Handbook & pictures of the movements are included with class

#### BG101 Repeat Price

\$225 - Manual not included

Please Note: Minimum # of students are required by postmarked date to confirm class dates.

## Who Should Attend?

This course is for Special Educators, Therapists, Parents, Teachers, Physical Education Teachers, and anyone else wanting to learn with ease. No previous knowledge is required.

## What is Brain Gym®?

Brain Gym® is a program of physical activities that enhance learning ability. The activities are easy and enjoyable; they bring about rapid and often dramatic improvements in concentration, memory, reading, writing, organizing, listening, physical coordination and more.

Brain Gym® is a registered trademark of the Educational Kinesiology Foundation, Ventura, CA.

For more information please visit [braingym.org](http://braingym.org)

*New!*

Register for class online at [gobraingym.com/register](http://gobraingym.com/register). This also offers the option to pay by credit card if you wish.



Carolyn Nyland, Owner

614.563.3949

[KaleidoscopeMoves.com](http://KaleidoscopeMoves.com)

Carolyn is a licensed Brain Gym® & Rhythmic Movement Training Instructor/ Consultant specializing in developmental and elementary education. She realized the value of movement as a classroom teacher. After 33 years of teaching, she continues her quest for ease of learning through movement. She has studied reflexes with several instructors around the World. Carolyn offers Brain Gym® workshops in schools, teaches Brain Gym® 101, Rhythmic Movement, Optimal Brain Organization, and works with individual clients. She was a member of the Educational Kinesiology Board of Directors (2006 - 2010). Visit [gobraingym.com](http://gobraingym.com) for more information.

## Registration Procedures

1. Checks payable and send to:  
Kaleidoscope Learning Center LLC, 3729 Braidwood Dr., Hilliard, OH 43026  
- and -
2. Send email with name, address, home/cell phone to Carolyn at [carolyn@gobraingym.com](mailto:carolyn@gobraingym.com) or register online at [gobraingym.com/register](http://gobraingym.com/register)

